

Living in the Overflow

Week 1

The Source of the Overflow

Scripture: Psalm 23:1–6 (NIV)

“The Lord is my shepherd, I lack nothing... my cup overflows.”

1. Overflow Begins with Ownership

- When God is your Shepherd, you stop trying to be your own _____.
- _____ determines trust; stewardship determines obedience.
- Overflow flows from _____, not control.

2. Overflow Is Connected to Guidance

- God’s guidance always leads to _____.
- If you’re always drained, you may be following the wrong _____.
- Still waters require _____ — rushing waters require survival.

3. Overflow Is Sustained by Presence

- God’s _____ changes the environment, not the enemies.
- Overflow happens in the presence of God, not the absence of _____.
- When God fills your cup, it spills into _____ lives.

R.A.P. CHALLENGE (Reflect – Act – Pray)

Reflect: Who or what has been functioning as your shepherd?

Act: This week, intentionally surrender one area you’ve been controlling back to God.

Pray: “Lord, help me trust You as my source and lead me into Your overflow.”