

THE CHECK BEFORE THE WRECK

Week 3

Self-Check Before I Mess Up

Psalms 139:23–24 - ²³ Search me, O God, and know my heart! Try me and know my thoughts! ²⁴ And see if there be any grievous way in me, and lead me in the way everlasting!

1 Corinthians 11:28 - ²⁸ Let a person examine himself, then, and so eat of the bread and drink of the cup.

SELF-EXAMINATION IS A SIGN OF SPIRITUAL MATURITY

Mature people ask God to _____ what they cannot see.

Self-reflection prevents spiritual _____.

Humility opens the door for _____.

UNCHECKED ISSUES ALWAYS GROW

Little compromises become big _____.

Unhealed hurt produces unhealthy _____.

Secret sin thrives in _____.

GOD'S CHECKS ARE MEANT TO LEAD TO HEALING

Conviction is different from _____.

Confession breaks the power of hidden _____.

Daily checks create long-term _____.

R.A.P. CHALLENGE

Reflect: What hidden issue, unhealthy pattern, or unresolved hurt have you been avoiding?

Act: Spend intentional time this week asking God to reveal areas of your life that need healing, correction, or accountability.

Pray: "Lord, search my heart, expose what needs to change, and help me become who You created me to be."